

## **Dr. Lahoma Schultz Bio**

Dr. Schultz is a proud citizen of the Muscogee (Creek) Nation. Although born within the jurisdiction of her tribal nation. Both her parents were traditional in their Native beliefs, spoke the Creek language (their first language), and kept their children involved in traditional Creek ways of life. She remains involved in tribal affairs.

Dr. Schultz earned a doctorate degree in Counseling Psychology from Oklahoma State University (OSU) 2005. She earned a Master's Degree Counseling Psychology from Northeastern State University (NSU) in 1995. She is a licensed psychologist in Oklahoma and Arkansas. She is also a Licensed Professional Counselor/Supervisor (LPC/LPC Supervisor). In 2018, she was chosen for the APA Committee on Rural Health Excellence in Rural Psychology award. In 2017, she was awarded a National Indian Health Service Director's Award for her work in developing the Integrated Behavioral Health program at the Clinton Service Unit.

Dr. Schultz retired from governmental service in December 2018 while she was serving at the Clinton Indian Health Service Clinic as the Behavioral Health Director/Clinical Psychologist/Supervisor/Trainor for Oklahoma University Health Science Center's Psychology Internship program (APA accredited). The trainees for the program were predoctoral level students, doctoral level interns, and Post-doctoral Fellows chosen to train in working with a Native American population in a rural clinic setting and to participate in the clinic's Integrated Behavioral Health program.

Prior to her employment at the Clinton Indian Clinic, she served at the Ponca Tribe as the Behavioral Health Director/Clinical Psychologist/Supervisor/Coordinator for the Methamphetamine Suicide Prevention Intervention (MSPI) program/Trainor for Oklahoma State University's Counseling Psychology program doctoral level students and their Community Psychology Master's level students for their practicums and internships. She also trained Master's level students from Northwestern Oklahoma State University and Capella University.

Dr. Schultz served two years, 2007-2009, as a Psychologist at the VA Hospital in Muskogee, OK. She served in a PTSD specialty unit. During her tenure at the VA, she became certified in Cognitive Processing Therapy (CPT). She was also the first psychologist at this site to utilize the telehealth service for both individual and group therapy. As such, she was deemed the coordinator of the telehealth services for the Muskogee VA Behavioral Health department.

Dr. Schultz completed a post-doctoral training program at the South Arkansas Regional Mental Health Center in El Dorado, AR. Prior to her post-doc, she was an Assistant Professor at Southern Arkansas University (SAU) where she taught Educational Psychology for undergraduates and Counseling Psychology courses for Master's level students.

Prior to obtaining her doctorate degree, Dr. Schultz served nine years as a Vocational Rehabilitation Counselor for the State of Oklahoma, 11 years as a Social Worker for the State of Oklahoma, one year as a middle school teacher at a Native boarding school, and one year as a secondary school teacher on the Navajo Reservation in AZ.

Since her retirement, Dr. Schultz continues to serve on the Bacone College Board of Trustees and has become more actively involved in assisting in their quest to transition from private college to tribal college status. She has also become more actively involved in the Oklahoma Psychological Association (OPA) and the American Psychological Association (APA). She participates in weekly group meetings with the Society of Indian Psychologists, monthly meetings with Division 35/Section 6. She currently serves as the membership co-chair for Section 6. She has been elected to serve a three-year term on the APA's Committee on Rural Health. She has also been elected to the OPA. She began serving her terms on January 1, 2021.